Sudha Rustagi College of Dental Sciences & Research

National Toothbrushing Day, 2025

On 7 November 2025, Sudha Rustagi College of Dental Sciences & Research conducted a National Toothbrushing Day celebration at a Government Primary School in Nachauli village.

A team of doctors from the Department of Public Health Dentistry performed comprehensive oral health screening for schoolchildren and delivered structured oral-health education. The awareness session covered healthy dietary and lifestyle practices, with special emphasis on preventive dental care.

A live demonstration of correct toothbrushing techniques was conducted to ensure proper understanding among students. Toothbrushes and toothpaste were distributed, and participants were counselled on the importance of maintaining good oral hygiene to promote long-term dental well-being.









