

## World Health Day,

7th April, 2026

On the occasion of **World Health Day**, the Department of Public Health Dentistry at Sudha Rustagi College of Dental Sciences, in association with Foundation of Healthcare Technologies Society (FHTS), successfully organized a community outreach activity titled “**Swasthya Pahal.**”

The initiative aimed to promote preventive healthcare and early detection of non-communicable diseases among the general public. As part of the program, participants were screened for key health parameters including **blood sugar levels, blood pressure, and obesity indicators.**

The activity witnessed enthusiastic participation from the community and emphasized the importance of regular health check-ups and lifestyle modification for overall well-being. Health education and counseling were also provided to encourage healthier habits.











