SUDHA RUSTAGI COLLEGE OF DENTAL SCIENCES AND RESEARCH, FARIDABAD Celebrates World Oral Health Day

Sudha Rustagi Dental College is celebrating World Oral Health Day with a monthlong series of activities, including various programs at the college, hospital, and across rural and urban areas. As part of this initiative, multiple special oral health camps are being organized.

One such camp was conducted on 21 March, 2025, at Nambrada School, Faridabad, where approximately 60 students underwent oral health check-ups. A highlight of the event was a drawing competition cantered on the theme "A Healthy Mouth is a Happy Mind." This creative contest encouraged students to express their understanding of oral health through art. The competition saw enthusiastic participation, and a prize distribution ceremony was held to recognize and appreciate the students' efforts.

An oral health education session was conducted, providing students with valuable insights into maintaining good oral hygiene and adopting preventive measures for long-term well-being.

A teacher training program was also organized, recognizing that children learn best by observing their teachers and peers. The program focused on equipping educators with effective strategies to instill good oral hygiene habits and healthy dietary practices in students. By empowering teachers with knowledge and skills, the initiative aimed to create a lasting impact on students' oral health behaviours.

As a key event of the celebration, a Nukkad Natak (street play) was conducted on 27 March, 2025, at World Street, Faridabad, with active participation from students, interns, faculty members and non-staff members. The performance aimed to raise awareness about oral hygiene practices and the harmful effects of tobacco consumption, effectively engaging the audience through an impactful and educational dramatization.

In addition to the street play, a public awareness rally was organized to further reinforce the message of oral health and hygiene. The attendees keenly observed and responded positively to both the Nukkad Natak and the rally, demonstrating a strong engagement with the initiative.

To promote better oral hygiene practices, toothpaste was also distributed among the gathered public, encouraging them to adopt healthier oral care habits.







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